Our consultations are confidential and free of charge.

We do nothing without your consent.

We support you also if you do not have valid residence documents.

We advise you in your native language or with the help of translators.

FIZ supports victims of trafficking in human beings (women, trans people, men) in Switzerland

False promises, threats, coercion, violence or exploitation in the sex trade or other workplaces are characteristics of trafficking in human beings.

Trafficking in human beings is a criminal offence.

As a victim, you have rights regardless of your origin or residence status.

We offer advice, protection and accommodation.

NhatsApp: +41 (0)76 596 15 63

Counseling for migrant women in the Canton of Zurich

We advise migrant women

- → in case of violence or exploitation,
- > concerning problems with residence permits,
- → in questions about work in the sex trade or in private households.

We inform you about your rights and support you in your search for sustainable solutions.

Whatsapp: +41 (0)76 506 74 92

FIZ Advocacy and support for migrant women and victims of trafficking

+41 (0)44 436 90 00